

Ways To Say I Love you

Write unexpected love notes

When your spouse asks for a favor, consider saying "as you wish."

Give your mate an unexpected hug, a surprisingly romantic kiss, or a teasing tickle often.

winking at each other,

Share why you love your spouse.

Give the gift of your time by doing chores for your spouse that your spouse doesn't like to do, such as folding the clothes, running an errand, washing the car, etc.

Schedule date nights.

Hold hands.

Share memories by looking at old photographs and talking about memories you share together.